

# SOUTHBOROUGH



## Southborough & District Wheelers

### 10 Mile Open Time Trial (Q10/1) Sunday 1st January 2023

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

**Timekeepers:** Mr John Watson (Southborough & District Wheelers) & Mr Doug Finch (Southborough & District Wheelers)

**Event Secretary:** Mark Gidney, 28 Chantlers Mead, Cowden, Kent, TN8 7HU Tel. 07775 024 661 E-Mail [markgidney2002@hotmail.com](mailto:markgidney2002@hotmail.com)

#### Awards List:

##### FASTEST MAN:

1<sup>st</sup> Sparking Wine \*  
2<sup>nd</sup> Sparking Wine\*  
3<sup>rd</sup> Red Wine  
4<sup>th</sup> White Wine

##### FASTEST LADY:

1<sup>st</sup> Sparking Wine \*  
2<sup>nd</sup> Sparking Wine \*

##### FASTEST VETERAN ON AGE STANDARD

1<sup>st</sup> Red Wine  
2<sup>nd</sup> Cycling Cap  
3<sup>rd</sup> Cycling Socks

##### FASTEST JUVENILE

1st Cycling Cap

##### FASTEST TEAM OF 3:

Red Wine & Cycling Caps

##### FASTEST ON A ROAD BIKE\*\*:

1<sup>st</sup> Red Wine  
2<sup>nd</sup> Cycling Cap

##### LANTERNE ROUGE:

Cycling Cap & Socks

**Course: Q10/1** Start at manhole cover approx. 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070. Proceed eastwards and turn left onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn and retrace south on A2070 to Johnson's Corner where left onto old A2070 towards Hamstreet village to finish approx. 50 yards before bridge over Royal Military Canal. <https://www.cyclingtimetrials.org.uk/coursedetails/q10-1>

**Headquarters** – Victory Hall, Ruckinge Road, Hamstreet, Ashford, Kent TN26 2NW

The HQ is approx. 10 minutes ride from the Start.

Numbers and Signing-on will be at the HQ.

Competitors must **Sign-on and Sign-off** using the sheet provided at the number collection point in the HQ.

NO SHOE PLATES in the Hall PLEASE.

Riders may exchange their number for a drink after their race.

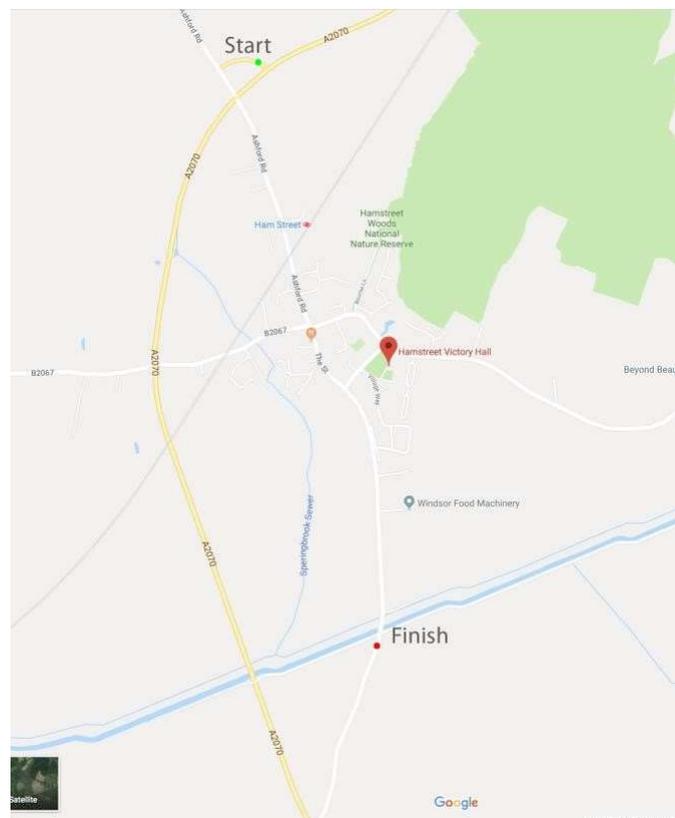
Riders leaving clothing at the Start can collect it from the Victory Hall afterwards – people forget every year!

Riders must not warm up / turn in sight of the Start or Finish areas.

- Following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.
- Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.
- For events starting in the morning no rider to use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this restriction risks disqualification
- It is an offence for a competitor in any event to use or to have administered any proscribed substance that might affect their competitive performance. A rider receiving medical treatment which could include a proscribed substance must not compete in time trials.

\* Not to be confused with Champagne !!! ☺

\*\***Road Bike Classification:** Must be ridden on a standard road bike. No aero handlebars or tri-bar extensions. No deep section wheels. No time trial helmets. Please inform the organiser when signing on if you wish to be considered for this category



Start Time	Number	Name	Club	Gender	Category
09:07	7	Lez Young (Tricycle)	The Tricycle Association (North Eastern Region)	Male	Veteran
09:08	8	Adrian Hills (Tricycle)	Eastbourne Rovers CC	Male	Veteran
09:09	9	Jim O'Leary	GS Avanti	Male	Veteran
09:10	10	Russ Cook	Southborough & Dist. Whs	Male	Veteran
09:11	11	James Holdstock	Surrey Cycling Club	Male	Veteran
09:12	12	Nigel Fry	Southborough & Dist. Whs	Male	Veteran
09:13	13	Tom Richardson	San Fairy Ann CC	Male	Veteran
09:14	14	Jeremy Page	PB Cycle Coaching	Male	Veteran
09:15	15	Augustus Harris	Southborough & Dist. Whs	Male	Juvenile
09:16	16	Mark Amon	Rye & District Wheelers CC	Male	Veteran
09:17	17	Shay Giles	Thanet RC	Male	Veteran
09:18	18	Kevin Austen	34 Nomads CC	Male	Veteran
09:19	19	Alex Balfour	Rye & District Wheelers CC	Male	Veteran
09:20	20	Grace Dent	San Fairy Ann CC	Female	Senior
09:21	21	Andy Burrows	Thanet RC	Male	Veteran
09:22	22	Rebecca Wilson	Rye & District Wheelers CC	Female	Veteran
09:23	23	Gary Sinclair	Southborough & Dist. Whs	Male	Veteran
09:24	24	Andrew McLean	Rapha Cycling Club	Male	Senior
09:25	25	Barry Goodsell	Rye & District Wheelers CC	Male	Veteran
09:26	26	Tom Rowing	Abellio - SFA Racing Team	Male	Senior
09:27	27	Dave Richards	San Fairy Ann CC	Male	Veteran
09:28	28	David Greenwood	Rye & District Wheelers CC	Male	Veteran
09:29	29	Richard Payn	34 Nomads CC	Male	Veteran
09:30	30	Ben White	Swale Tri Club	Male	Senior
09:31	31	Richard Birtwhistle	Sydenham Whs	Male	Veteran
09:32	32	Mark Houlden	34 Nomads CC	Male	Veteran
09:33	33	Simon Baker	Southborough & Dist. Whs	Male	Veteran
09:34	34	Peter Main	34 Nomads CC	Male	Veteran
09:35	35	Steve Gooch	Rye & District Wheelers CC	Male	Veteran
09:36	36	Antony Bee	Wigmore CC	Male	Veteran
09:37	37	Paul Burrows	Thanet RC	Male	Veteran
09:38	38	Colin McDermott	Festival Road Club	Male	Veteran
09:39	39	Joshua Clark	Royal Navy & Royal Marines CA	Male	Senior
09:40	40	Simon McNamara	Sigma Sports   Cannondale RT	Male	Veteran